

# Prior to Surgery – Patient Checklist

**Thank you for trusting our team with your care. Please review and complete the items below to help ensure a safe and successful surgical experience.**

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## Medical Clearance

Medical exam required from your Primary Care Provider or Cardiologist.

- Clearance must be completed within **60 days** of surgery.
  - Our facility must receive clearance at least **5 days before surgery** to avoid rescheduling.
  - Request a copy of your clearance for your records.
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## Surgery Date & Time

A nurse will call you **one week before surgery** with your arrival time.

Surgical Date: \_\_\_\_\_

Surgical Arrival Time: \_\_\_\_\_

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## Transportation

Arrange for a friend or family member to accompany you and drive you home after surgery.

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## Eating & Drinking Instructions

If your arrival time is **before 12:00 PM**: Do not eat after midnight.

If your arrival time is **after 12:00 PM**: A nurse will provide special instructions.

All patients may have up to **8 ounces of clear liquids** up to **2 hours before arrival**.

**Allowed liquids:** Water, Ginger ale, Apple juice, Black coffee, Black tea (*No dairy products*)

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## Medications

- Take your usual morning medications with a sip of water unless instructed otherwise by your surgeon or a nurse.
- Bring a list of all current medications.
- Bring a list of allergies, including reactions or side effects.

### **Diabetic Patients Only:**

If your arrival time is **before 12:00 PM**: Do not take diabetic medications.

If your arrival time is **after 12:00 PM**: Consult a nurse for special instructions.

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## Eye Drops

- Pick up your prescribed surgical eye drops from your pharmacy.
- Follow your ophthalmologist's instructions for use.
- Eye drops are prescribed by your surgeon, not the surgery center.

For questions, please call **508-833-6000** and ask for your surgeon's administrative team.

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## What to Bring

- Credit card for co-payment
  - Pre-anesthesia Evaluation Form
  - Sunglasses (to protect eyes from light sensitivity)
  - List of current medications
  - List of allergies with reactions
  - Friend or family member to accompany you home
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## Call Us Immediately If You:

1. Develop flu-like symptoms (fever, congestion, or cough)
2. Develop a sty or cyst in the surgical eye

3. Have a change in health since your clearance, including hospitalization, new surgery, stroke/TIA, heart attack, or cardiac catheterization.

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## Contact Information

If you have any questions, please call 508-833-6000 and ask to speak with your Surgeon's Administrative Assistant.

<b>Doctor Name</b>	<b>Extension</b>
Dr. Daniel J. O'Connor	6068
Dr. Joshua J. Ney	6087
Dr. Daniel J. Hu	7580
Dr. Jessica J. Moon	7614
Dr. Allison E. Resnick	7645
Dr. Audrey S. Chan	7590
Dr. Raymond G. Magauran	6704

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**Please follow these instructions carefully to help ensure your safety and the best possible outcome. We look forward to caring for you.**